

visible.

Making invisible illness, visible.



Patient-led and backed by leading experts



Darren Brown

Clinical Academic Physiotherapist;
Chair at Long COVID Physio



Todd Davenport, DPT

Professor of Physical Therapy;
Scientific Advisor at Workwell
Foundation



David Putrino, PhD

Neuroscientist;
Director of Rehabilitation Innovation at
Mt Sinai



Suzanne Vernon, PhD

Molecular epidemiologist;
Research Director at Bateman Horne
Center



David Strain, PhD

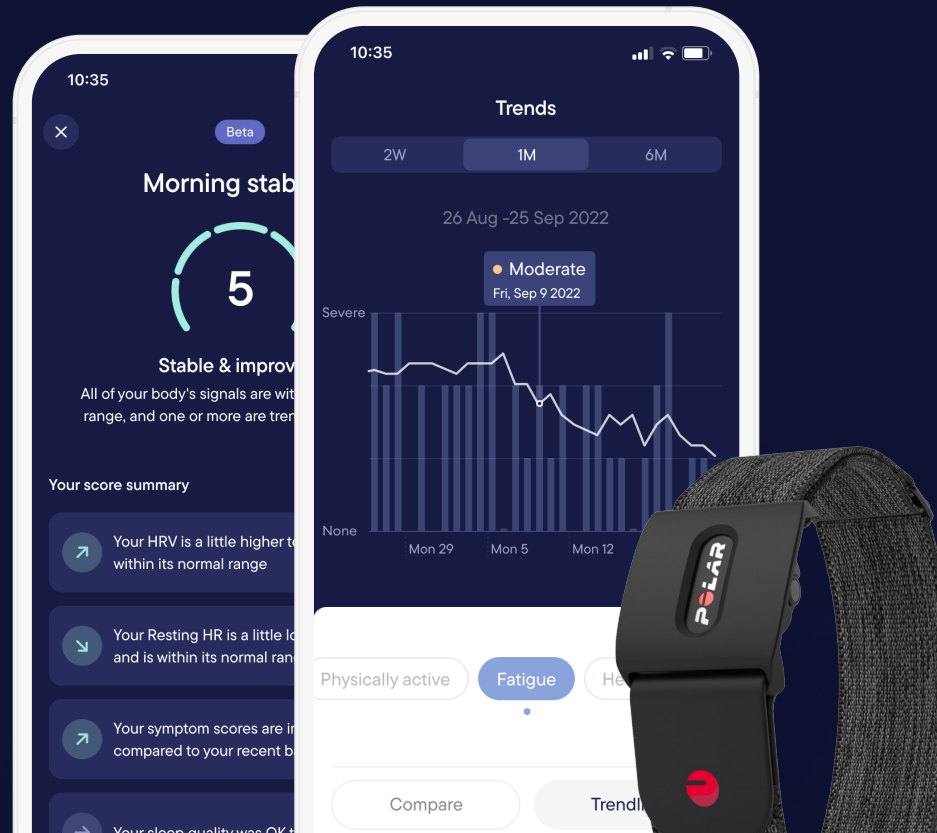
Clinical Academic Lecturer
Medical Advisor at ActionForME

Current studies with



**Imperial College
London**

We use wearable technology to help patients measure and manage their Long Covid and ME/CFS



visible.

Free app

Measure your
body's
signals in the
morning

Track your
symptoms in
the evening

See trends in
your illness

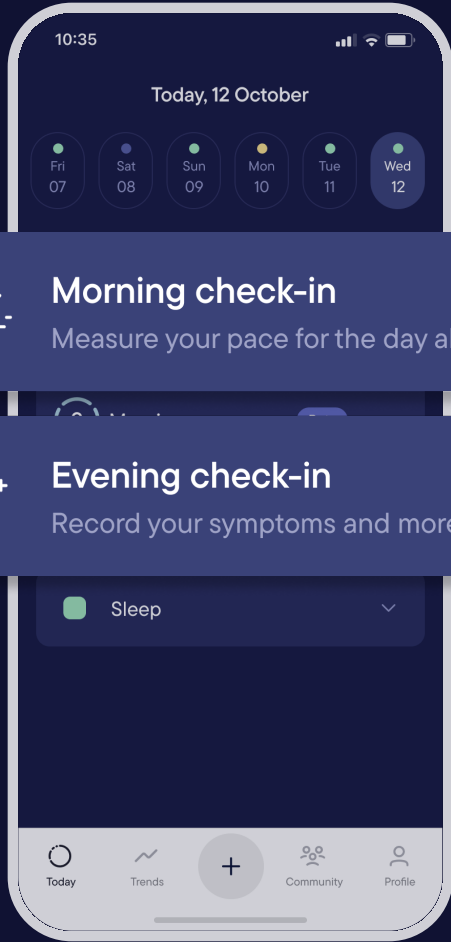
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Wearable Subscription

Pace yourself
with all-day-
data



Illness
specific
insights



Morning check-in

Measure your pace for the day ahead



Evening check-in

Record your symptoms and more

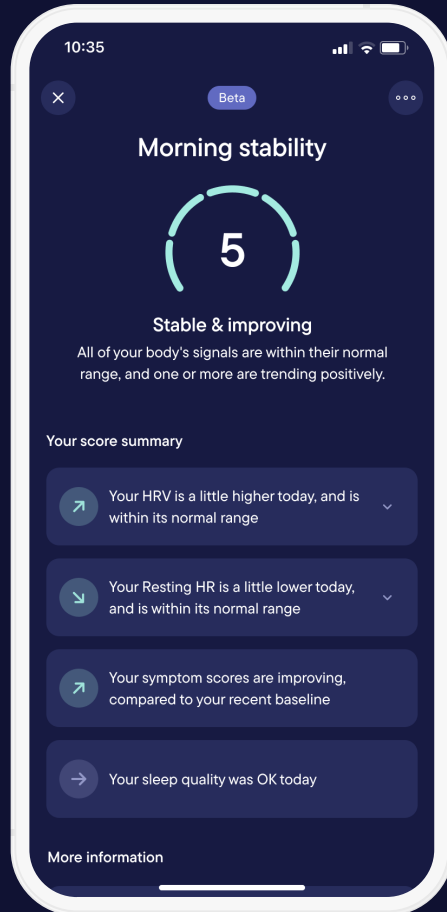
Gather data via daily morning and evening check-ins



**Visible captures morning biometrics
with our in-app camera technology.**

Heart rate variability (HRV) is the most accessible biomarker available for Long Covid and ME.





Morning stability score to help plan the day ahead

	None	Mild	Moderate	Severe
Headaches	0	1	2	3
Fatigue	0	1	2	3
Shortness of breath	0	1	2	3
Fever	0	1	2	3
Pins and Needles	0	1	2	3
Muscle aches	0	1	2	3

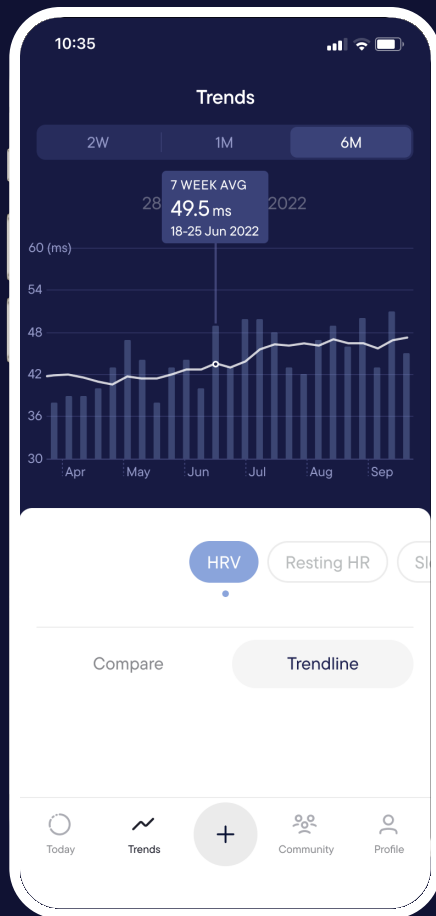
Effortless evening check-in to capture how the day went.

✓ Symptoms

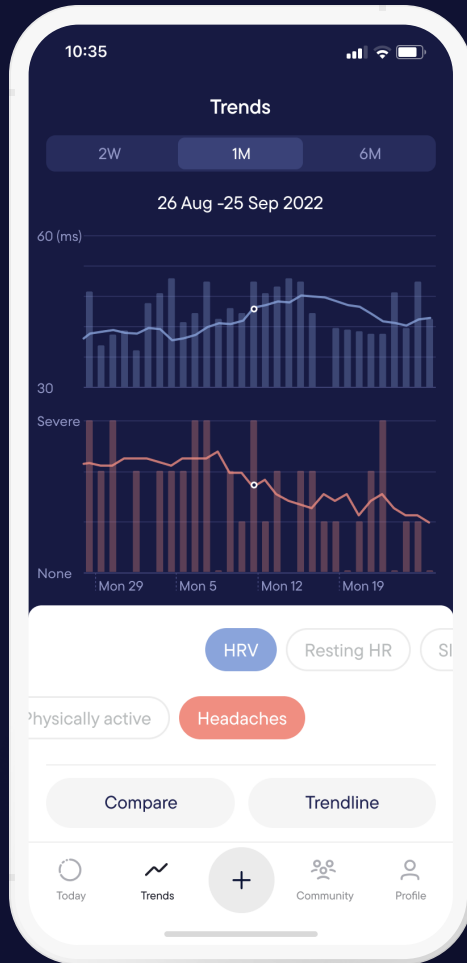
✓ Treatment

✓ Exertion

✓ Menstrual Cycle

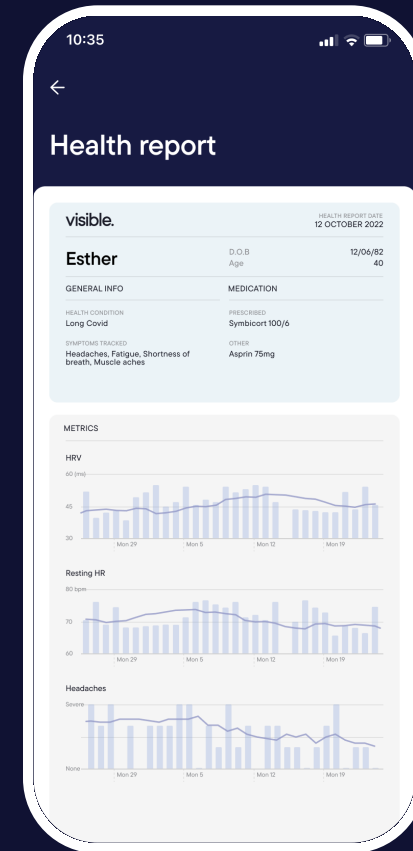


Spot trends and patterns easily

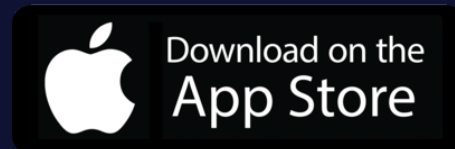


Compare symptoms against other variables

Patients can share this data directly with clinicians

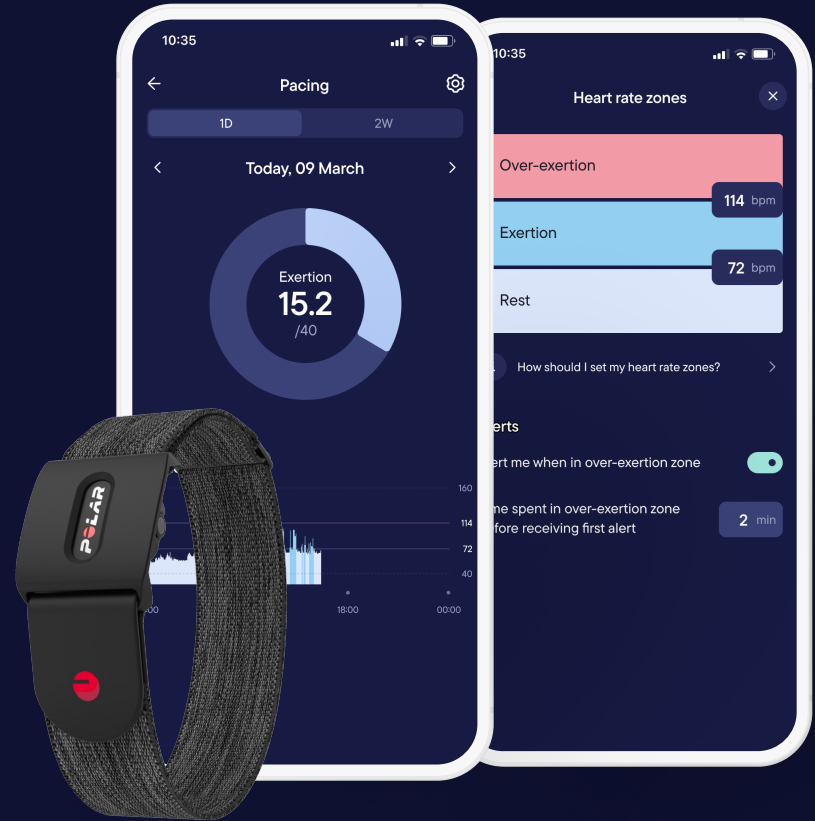


Free to download in US, UK and Germany



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Launching Summer 2023



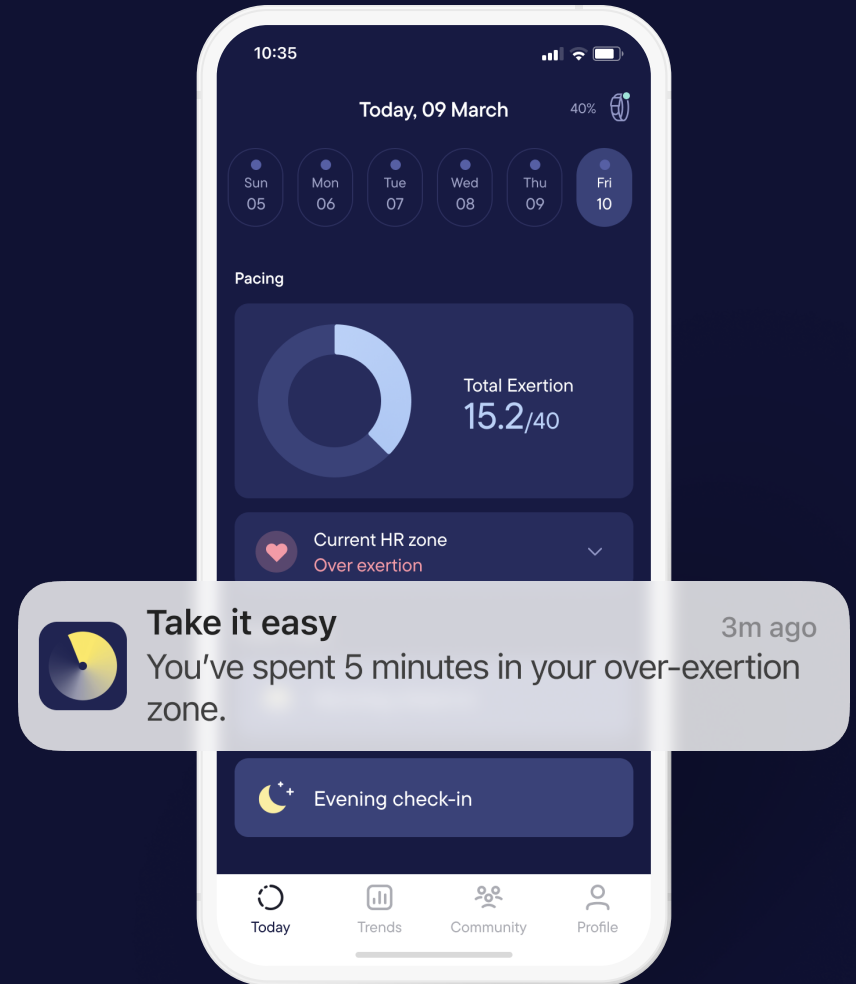
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High accuracy all-day data from a research-grade device

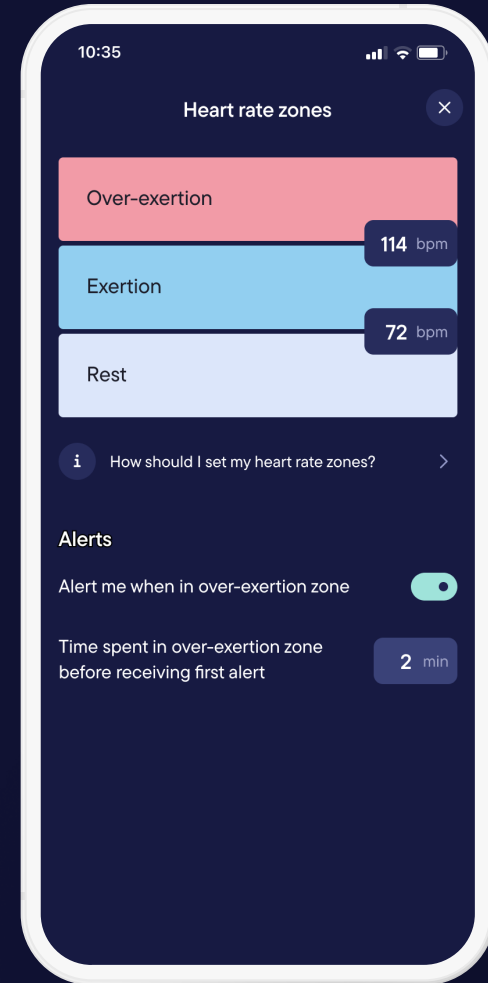
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Real-time guidance on when
to slow down



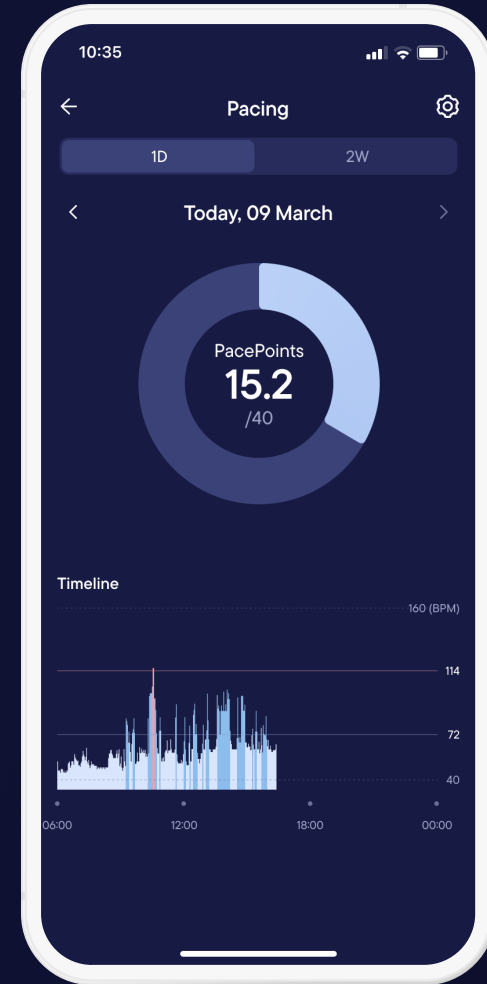
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Set your over-exertion threshold



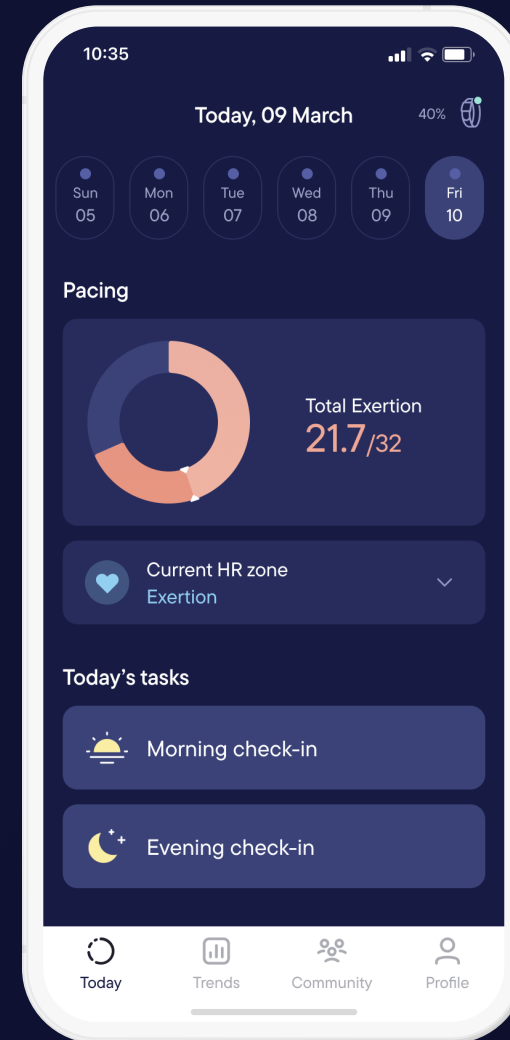
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Measure exertion with PacePoints



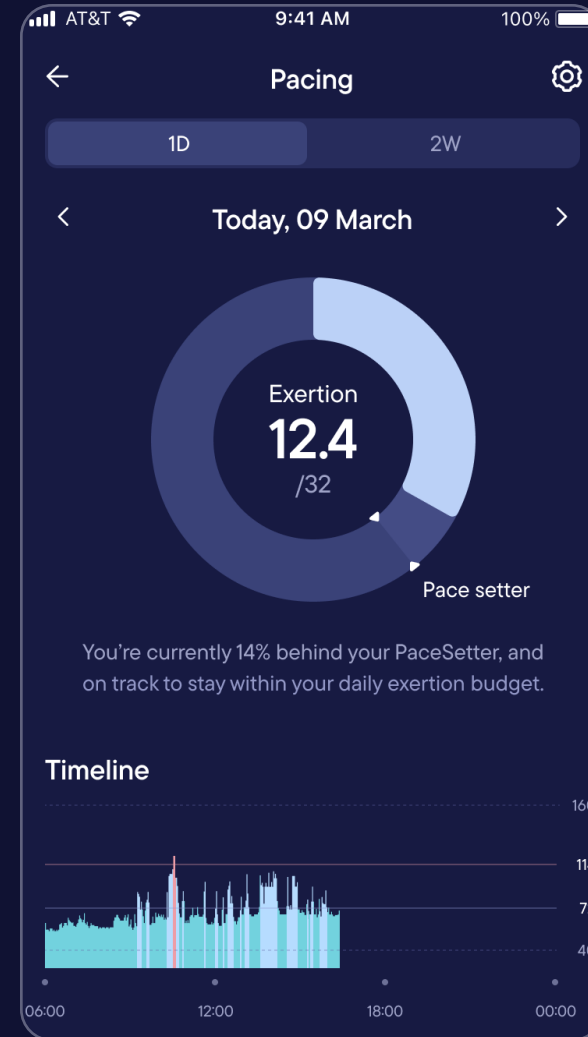
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Set a PacePoints budget



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Stay behind the PaceSetter



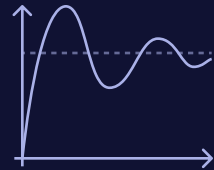
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Coming soon



UpTime

The time spent in an upright posture.



Orthostatic Intolerance

The change in heart rate upon standing.

Thank you.

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