

### **[Links](#) - Information, support and services available through other organizations and agencies, as listed:**

- U.S. and International sites for news and information about CFIDS/CFS/ME and Fibromyalgia
- Links to state and regional support organizations
- Links to caregiver resources
- U.S./Regional patient and provider tools (emphasis on Massachusetts)
- CFS/ME and Fibromyalgia treatment centers

### **[Resources for Support Groups](#) - How to start and run a support group**

Articles helpful for Support Group leaders and participants on the making of an effective support group.