

Surgery and Anesthesia: Patients with Chronic Fatigue Immune Dysfunction Syndrome (CFIDS), also known as Chronic Fatigue Syndrome (CFS) and Myalgic Encephalomyelitis or Myalgic Encephalopathy (ME) and Fibromyalgia (FM) need to take extra precautions when preparing for surgery. Dr. Charles Lapp, a longstanding CFIDS/CFS/ME and FM clinician and Director of the Hunter-Hopkins Center in NC (a center specializing in the evaluation and management of CFIDS/CFS/ME and FM) has prepared list of recommendations for surgeons and anesthesiologists. [Recommendations for persons with Chronic Fatigue Syndrome \(CFS\) or Fibromyalgia \(FM\) anticipating surgery and anesthesia \(Rev. 2005\)](#)

Orthostatic Intolerance: Orthostatic Intolerance (OI) is regarded as a central disabling symptom in a large percentage of patients with CFS/ME. Their ability to sustain upright activity is noticeably limited. On September 1, 2010, Dr. Peter Rowe, at Johns Hopkins University School of Medicine, delivered a webinar lecture about (OI), different forms of OI such as neurally mediated hypotension (NMH) and postural orthostatic tachycardia syndrome (POTS) plus approaches to its treatment in CFS/ME. This event was hosted by the CFIDS Association of America.

- A recording of Dr. Rowe's presentation, can be viewed at this link, [Managing Orthostatic Intolerance](#).
- An article issued by the Chronic Fatigue Center at John Hopkins Children's Center (dated June 2010) on orthostatic intolerance (OI) can be retrieved in PDF format, from the CFIDS Association of America's lecture page, by clicking on this title, [General Information Brochure on Orthostatic Intolerance and Its Treatment](#)

Research Updates and Clinical Management of CFS/ME:

The International Association for Chronic Fatigue Syndrome and Myalgic Encephalopathy (IACFS/ME) is an international organization comprised of hundreds of researchers, clinicians, and medical professionals dedicated to research, education, treatment and finding a cure for Chronic Fatigue Syndrome (CFS) and Myalgic Encephalopathy (ME). The IACFS/ME coordinates bi-annual scientific conferences where the latest research findings, clinical management of CFS/ME and patient care ideas are exchanged and reviewed by national and international scientists and clinicians. The most recent conference was held in Ottawa, Canada, and consisted of a 4-day professional meeting (September 22-25, 2011) and a one day patient meeting (on September 22, 2011) plus workshops for clinicians and researchers. To learn more about this organization, please visit the [IACFS/ME home page](#) .

Below are two summaries covering the 2011 International Research and Clinical Conference held in Ottawa, Canada.

- Dr. Charles Lapp, a clinician who specializes in CFS/ME, prepared and released a nicely arranged [summary with his comments of the 10th International IACFS/ME Conference held in Ottawa, Canada](#) . Dr Lapp has graciously given our organization permission to re-post his work.

- Another excellent synopsis of the same conference, which covers every presentation (this article is indexed), is provided by Dr. Rosamund Vallings from New Zealand. [See this review](#) .

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