

### ***Chronic Fatigue Syndrome Mortality Survey Begins***

If you know someone who passed away after being sick with ME or CFS, please participate in this important survey. If you can distribute this request for study participants to all whom you know in the ME and CFS communities, please do so. This research can help to make the disease(s) of ME and CFS less invisible for patients and their loved ones. [Read more](#) for complete information, disclosures, and a link to the survey.

### ***Featured Articles***

#### **[Mitochondrial Dysfunction, Post-Exertional Malaise and CFS/ME](#)**

This extensive review, written for both lay and professional readers, explains the role of mitochondria in cellular function and describes the characteristics and consequences of mitochondrial dysfunction fatigue in skeletal muscle. Illnesses with mitochondrial dysfunction are reviewed, including CFS/ME. Some treatments that are used are also described, as well as notes regarding exercise for patients with CFS/ME. There is an extensive bibliography.

#### ***Dental caries and oral problems have a strong and proven link to poor salivation and persistent dry mouth.***

Dry mouth and various oral and dental complications are problematic for many people with Chronic Fatigue and Immune Dysfunction Syndrome/Myalgic Encephalomyelitis (CFIDS/ME), and/or Fibromyalgia (FM). Persistent dryness could indicate an autoimmune illness like Sjögren's, linked to poorly functioning or damaged salivary glands, or be the result of side effects associated with many medications. Either way, it is a serious problem that warrants prompt medical or dental attention. Read more at [Oral Complications in Sjögren's Syndrome and Chronic Dry Mouth](#)

### ***Newsletters are now online!***

Starting in January 2014 the monthly newsletter can be accessed online. Find links to important research, announcements of upcoming events, advocacy updates, coping tips, and more... Go to [About Us - Newsletters](#) .

### **[New CME course: A Case-Based Approach to Chronic Fatigue Syndrome](#)**

This 30-minute online course featuring clinicians Lisa W. Corbin, MD; Anthony L. Komaroff, MD; Benjamin H. Natelson, MD; and Peter C. Rowe, MD, was published on April 19, 2013 and is available for CME/CE credit until April 19, 2014, and also available to the public. Free registration on the Medscape website is required in order to view this course.