

Teenagers

Adolescents at home: I got mono and didn't get over it. Why am I sick? My friends don't understand and are starting to move away from me. My parents try to understand – they're taking me to doctors who just say I'm not sick. Can my family find a doctor who can help? I am getting depressed being sick and in bed. My teachers and the school nurse don't understand? I can't make it to school very much, and the school is giving my family trouble. Can I find other people my own age with this illness to talk to? Can I get some tutoring so I can keep up with my courses. How can I make this illness and my life better?

<https://www.massmecfs.org/information-for-teenagers>

Pace yourself, don't blame yourself for missing school, don't let the jerks bother you.

<https://www.massmecfs.org/information-for-teenagers?start=1>

Resources for Kids, including personal stories